



Being a kid in today's world is more complicated than ever. NewBridge recognizes that the most successful children are those who receive guidance and support as they grow. NewBridge offers programs that empower young people to make good decisions in life and feel good about themselves.



NewBridge programs are focused on strengthening positive coping skills and building resiliency in today's youth. A lack of these skills can lead to high risk-behaviors. Positive coping skills can provide today's youth the power to control their stress and handle upsets.

NewBridge offers a full complement of services and programs for children, parents and educators.

40 Developmental Assets®

All NewBridge prevention programs encompass the philosophy of Search Institute's 40 Developmental Assets®, which are experiences and qualities essential to success, including boundaries, relationships, support, positive values, productive use of time, positive identity, empowerment and more. These assets have the power to influence choices that young people make on their path to adulthood.

“Studies of more than 2.2 million young people consistently show that the more assets young people have, the less likely they are to engage in a wide range of high-risk behaviors and the more likely they are to thrive.”

The Search Institute

About NewBridge

Founded in 1963, NewBridge Services, Inc. is a nonprofit community organization providing innovative programs and education services in five areas: mental health, substance abuse, housing, children's needs and senior citizen assistance. Whether guiding people as they cope with stress, grief, or substance abuse, or providing advice to those with parenting, relationship or caregiving challenges, NewBridge helps people bring balance to their lives.

NewBridge Services, Inc.

Morris County: (973) 316-9333
 Passaic County: (973) 728-3938
 Toll-free: (888) 746-9333

Administrative Offices

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Office Locations

Boonton ♦ Montville ♦ Pequannock
 Pompton Lakes ♦ Pompton Plains
 Wayne ♦ West Milford

NewBridge Services presents

PREVENTION & AWARENESS

**programs for youth, parents & teachers in
 schools & community organizations**



Helping People
 Move Forward

NewBridge offers a full spectrum of programs that can be tailored to your school's individual needs. The programs address the New Jersey Comprehensive Health and Physical Education core curriculum content standards for all students, from pre-kindergarten through high school.

The Early Years

It's never too early to start planting the seeds for good decision-making. NewBridge offers a variety of customizable programs for children in elementary school. Topics include:

- ♦ Respect/tolerance
- ♦ No more bullying
- ♦ Conflict resolution
- ♦ Self esteem
- ♦ Building social skills
- ♦ Stress/problem solving



BABES Puppet Program (Beginning Alcohol & Addiction Basic Education Studies) for kindergarten through 2nd grade.

Learning Objectives:

- ♦ Basic drug resistance skills
- ♦ Decision making
- ♦ Coping skills
- ♦ Feelings & self image
- ♦ Peer pressure
- ♦ Who can help?

- ✓ All programs are built around evidence-based research.
- ✓ Pre- and post-surveys with measurable outcomes are available for all programs.
- ✓ All anti-bullying programs that NewBridge facilitates are built around the research of Dan Olweus, an expert in the field of bullying intervention.

Middle School

The tumultuous tween years are best navigated with lots of support. NewBridge program topics for middle school children include:

- ♦ Drug/alcohol resistance
- ♦ Positive coping/stress
- ♦ Conflict resolution
- ♦ Anti-bullying/cyberbullying
- ♦ Diversity/respect
- ♦ Violence prevention
- ♦ Overcoming peer pressure
- ♦ Eating disorders
- ♦ Suicide prevention



NEW! Presenting **The Blue Label® Goggles** - Blue Label Goggles® simulate blurred and double vision that can be associated with impairment from substance abuse (other than alcohol), such as marijuana or methamphetamines.

FREE Fatal Vision Goggles program - Goggles simulate the visual effect that drinking has on simple tasks. *Funded by a grant from the State of NJ Division of Alcoholic Beverage Control.*

High School

Capture teens' interest on important issues including:

- ♦ Drug resistance
- ♦ Positive coping/stress
- ♦ Conflict resolution
- ♦ Violence prevention
- ♦ Overcoming peer pressure
- ♦ Eating disorders
- ♦ Suicide prevention



Just For Teachers

The following programs are eligible for professional development hours:

- ♦ Promoting healthy living
- ♦ Suicide prevention training
- ♦ Stress management
- ♦ Motivating at-risk youth



*Other In-service subjects are available upon request

For Parents & Families

Parents need support and insight on issues our youth confront today. NewBridge offers:

- ♦ Parenting programs and support networks
- ♦ Education on underage drinking
- ♦ Programs for getting organized



For Parents and Teens:

Dialogue nights allow parents and teens to mix it up in an interactive setting. Topics include:

- ♦ Communication
- ♦ Drugs & alcohol
- ♦ Stress
- ♦ Grief & loss
- ♦ Violence & gangs

All programs can be customized into an interactive game format!

Call us today!

Call NewBridge at (973) 839-2521, ext. 2228 to learn how easy it is to customize a series for your school or organization that will fit within your school budget!