

## 40 Developmental Assets®

All NewBridge prevention programs encompass the philosophy of Search Institute's 40 Developmental Assets®, which are experiences and qualities essential to success, including boundaries, relationships, support, positive values, productive use of time, positive identity, empowerment and more. These assets have the power to influence choices that young people make on their path to adulthood.

## About NewBridge

NewBridge Services, Inc., a nonprofit community organization founded in 1963, provides innovative mental health, substance abuse, housing, children's and senior services and education programs. Whether dealing with stress, grief, or substance abuse or in need of parenting, relationship or caregiving advice, NewBridge offers counseling programs, educational forums and life-enriching services to help people bring balance to their lives.

### NewBridge Services, Inc.

Morris County: 973-316-9333

Passaic County: 973-728-3938

Toll-free: 888-746-9333



### Administrative Offices

21 Evans Place  
Pompton Plains, NJ 07444  
(973) 839-2520  
[www.newbridge.org](http://www.newbridge.org)

### Office Locations

Boonton ♦ Montville ♦ Pompton Lakes  
Pompton Plains ♦ Wayne ♦ West Milford



NewBridge Services presents

# PREVENTION

# &

# AWARENESS

**programs for youth, parents & teachers in  
schools & community organizations**



*Helping People  
Move Forward*

## The Early Years

It's never too early to start planting the seeds for good decision making. NewBridge offers a variety of customizable program series for elementary age children.

Topics include:

- ♦ **Drug & smoking resistance**
- ♦ **Respect/tolerance**
- ♦ **No more bullying**
- ♦ **Conflict resolution**
- ♦ **Self esteem**
- ♦ **Building social skills**
- ♦ **Stress/problem solving (Evidence-based program)**



## Middle School

The tumultuous tween years are best navigated with lots of support. NewBridge program topics for middle school children include:

- ♦ **Drug/alcohol resistance**
- ♦ **Positive coping/stress**
- ♦ **Conflict resolution**
- ♦ **Anti-bullying/cyberbullying**
- ♦ **Diversity/respect**
- ♦ **Violence prevention**
- ♦ **Overcoming peer pressure**
- ♦ **Eating disorders**
- ♦ **Suicide prevention**



**FREE Fatal Vision Goggles program**- Goggles simulate the visual effect that drinking has on simple tasks. *Funded by a grant from NJ Alcoholic Beverage Commission.*

## Call us today!

Call NewBridge at (973) 839-2521, ext. 228 to learn how easy it is to customize a series for your school or organization!

## High School

Capture teens' interest on important issues, including:

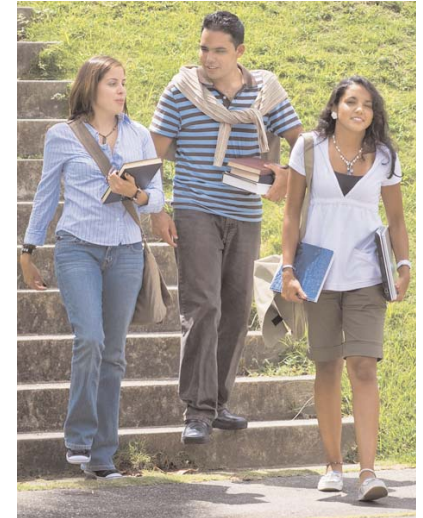
- ♦ **Drug resistance**
- ♦ **Positive coping/stress**
- ♦ **Conflict resolution**
- ♦ **Violence prevention**
- ♦ **Overcoming peer pressure**
- ♦ **Eating disorders**
- ♦ **Suicide prevention**

Dialogue nights allow parents and teens to mix it up in an interactive setting.

Topics include:

- ♦ **Communication**
- ♦ **Drugs & alcohol**
- ♦ **Stress**
- ♦ **Grief & loss**
- ♦ **Violence & gangs**

All programs can be custom made into an interactive game format!



All NewBridge programs reflect the goals of the **40 Developmental Assets®** by Search Institute.

*See back cover for more information.*

## Just For Teachers & Parents

- ♦ **Promoting Healthy Living (for CEUs)**
- ♦ **ATOD Prevention (for CEUs)**
- ♦ **Suicide Prevention**
- ♦ **Parenting**
- ♦ **Education on Underage Drinking (for parents and students)**
- ♦ **Get Organized! (for parents and students)**
- ♦ **Teachers: In-service subjects are available upon request.**