

Everybody needs a hand once in a while.

## Caregiving Services



by NewBridge

Caregiver services enable loved ones to:

- ♦ run errands
- ♦ take a few moments for themselves
- ♦ gain emotional balance amidst the caregiving responsibilities
- ♦ get advice and counsel on coping with issues

This program is **free of charge** to the family and available to those who cannot afford alternate caregiver services.

**Call today-- toll-free (888) 746-9333.**

NewBridge Services is a nonprofit provider of behavioral health and education programs and services.

For more information, visit us at [www.newbridge.org](http://www.newbridge.org).

