



# NEWBRIDGE

Counseling

Youth

Seniors

Housing

Addictions

## Keeping Seniors in their Homes Making Independent Living Possible

"There would be absolutely no way that I would be able to live in my own home on my own if it wasn't for NewBridge," said Mary, a 90-year-old Morris County resident, who has relied on NewBridge SAIL for nearly a decade.

As the years passed and her health and economic situation worsened, NewBridge was the one resource that

### Seniors

Mary could consistently

count on. A widow, Mary has been a NewBridge SAIL- Senior Assistance for Independent Living -client since 2001 when her grandson called to see

how NewBridge could help his grandmother stay in her own home.

NewBridge answered the call and ever since has helped Mary receive financial assistance for home health services and energy bills. While she initially needed limited home health services, she now requires 7-day-a-week care. Thanks to NewBridge, she was able to tap into a state program to receive 5-6 hours of care a day, every day from a certified home health aide. The aide comes to Mary's house every day, makes her breakfast and a hot lunch, shops for her food and tends to her living needs. When Mary

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## TDBank Renews Support of NewBridge NewBridge receives \$25,000 grant



**Making a Local Difference:** TDBank renewed its support of NewBridge with a \$25,000 grant. The grant, one of only 10 awarded in New Jersey, will enable NewBridge to continue to provide for Morris and Passaic county residents in need of senior, mental health, prevention, counseling and housing services. From left, Harry W. Neinstedt, Jr., Regional Vice Pres., and Jacquelyn D'Ambrosio, Assist. Vice Pres., Business Development & Sales Mgr., of TD Bank and Robert L. Parker, Executive Director, Nina McCormack, Director of Development & Marketing, and William Eckert, President, Board of Trustees of NewBridge.

Dear Friends,



Each February, we acknowledge and thank our donors. We are grateful for the financial support and reassured when donations are up. I am happy to report that this past year, in spite of the dire economic forecast, several have increased their contributions. A true testament to their belief that NewBridge makes a difference in people's lives.

As we embark on a new year, we are filled with new hope, new possibilities and, unfortunately, new struggles. New struggles for those who will be turning to NewBridge for help for their children, their parents, themselves. And new struggles for NewBridge, who will be helping more clients, needing more services, with less money due to state budget cuts and an unprecedented drop in charitable giving expected in 2009.

We are working diligently to work harder and smarter to keep NewBridge whole. We are grateful for those who continue to make NewBridge their giving priority and are ever hopeful that you can give NewBridge a little more in 2009 so that we can give those who need us a little more as well.

Robert L. Parker, Executive Director  
parker@NewBridge.org

# Gala Celebrates Community Leaders

Three leaders to receive 2009 "Helping People Move Forward" award on April 2



NewBridge will recognize the contributions of three outstanding New Jersey leaders at The Magic of NewBridge annual gala.

"It gives me great pleasure to recognize this year's honorees, whose unwavering dedication and selfless acts continue to have a profound impact on the lives of area residents," said Robert L. Parker, Executive Director, NewBridge.

The gala will be held on Thursday, April 2, 2009 at The Villa at Mountain Lakes in Mountain Lakes, NJ.

Reserve seats and sponsorships at [www.NewBridge.org](http://www.NewBridge.org) or by calling Nina McCormack, at (973) 839-2521, ext. 420.

## 2009 Gala Honorees

Each year the NewBridge *Helping People Move Forward* awards are presented to individuals or organizations dedicated to improving the lives of New Jersey Residents



Mary Jo Buchanan,  
Director  
Human Services of  
Morris County



First Reformed Church  
of  
Pompton Plains



Michael Wall,  
SVP Regional Manager  
NJ South  
Capital One Bank

## Clients Overwhelmingly Satisfied with NewBridge

"NewBridge has helped me greatly... I feel better every day," raved one NewBridge client responding to the annual NewBridge Day Treatment Program Survey that is part of the agency's ongoing efforts to ensure the quality and impact of its programs.

NewBridge programs and staff got high marks, once again, with more than 96% reporting that they were satisfied with how the program meets their overall needs.

### Counseling

"I rate the staff as excellent," said another client. "They try to help as much as they can one on one and they are very concerned about all the clients."

NewBridge Day Treatment program received high marks across the board including:

**96% of clients reporting that they were satisfied with the group therapy they receive.**

**98% of clients reporting that they were satisfied with the quality of staff.**

**90% of clients reporting that the treatment they receive at NewBridge has helped them.**

For more information about NewBridge's Day Treatment program, call toll-free (888) 746-9333 or visit [www.NewBridge.org](http://www.NewBridge.org).

## Keeping Seniors in their Homes

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started to use a walker and had limited ability or help to attend to her appointments, NewBridge arranged for home doctor visits.

"Helping our neighbors and providing them with the means to live independently is what SAIL is all about," said Sherry Kotcher, Team Leader, NewBridge. "This is a perfect example of how the program works and the difference it makes not only in the life of the person who we are assisting but also in the lives of their family and friends, who can rest assured that their loved one is getting the care and assistance they need."

Do you know a senior citizen in Morris or Passaic county who can benefit from SAIL? Call (973) 839-2520.

# Alternative Education Gives Father Hope

## Daughter thrives in NewBridge 70001 Jobs Plus

When Francis' daughter, Lucy, dropped out of high school in 2008, the family needed options. But with alternative education schools closing in record numbers in recent years, he was not optimistic that he would find an academic fit for his teenager.

When he found NewBridge 70001 Jobs Plus, he found hope.

Like many, the traditional school setting didn't work for Francis' daughter. He needed to find an academic environment that was a fit and was relieved when he found NewBridge

70001 right here in his own backyard.

"The program operated as a safety net that caught Lucy and provided her with the opportunity to achieve her high school diploma," Francis said. "Without the program, its people and the transportation provided, I do not know if she would have done this."

"Now she feels as if she is ready to move on to her next challenge. Her confidence is up and she feels as if she is ready to take college courses," he added. "I'm grateful

that she was offered this opportunity."

With a personal understanding of the life-altering difference the program makes, Francis has now become a staunch supporter of the program both as a vocal advocate and a donor. His monetary donations and those of others have kept NewBridge 70001 Jobs Plus a viable education alternative for local families as others in the state continue to close their doors each year.

For more information about NewBridge 70001 Jobs Plus call (973) 995-0666.

### Youth

## Want to make a difference?

Volunteers are needed to help with clerical duties, special events and committees.

If you have even a few hours to spare, call Nina McCormack at (973) 839-2521, ext. 420.

## J&J Team Brightens Child Learning

### Volunteers transform NewBridge Play Therapy Room

When Johnson & Johnson employees were looking for a way to make a difference, they were directed to NewBridge through the United Way of Morris County's Days of Caring Initiative. Through that connection, seven members of the J&J volunteer team transformed an ordinary meeting room into a child's wonderland to meet the ever expanding Play Therapy need for NewBridge's youngest clientele.

"NewBridge is always in need of volunteers and partners with local corporations, individuals and other nonprofit organizations who have the resources, time and desire to help make a difference locally," said Nina McCormack, Director of Development & Marketing, NewBridge. "Giving back takes many forms and in just one day with a little time and elbow grease, the J&J team created a bright, fun and welcoming environment that will foster growth, healing and development for hundreds of local children."



### A Day of Caring with J&J Volunteers

Pictured front row from left, Claudia Jennings; Tracey Colfax, Kelly Fagan. Second Row, Robert Parker of NewBridge; Paul DeMarco; Mark Gelbert; Rob Giurlando of United Way of Morris County; Carlos Quiza; Judy Mendoza.

Have a few hours or special skill to share? Call Nina at (973) 839-2521, ext. 420 to find out how you can make a local difference.

# NewBridge Partners with Town to Achieve COAH Credits

NewBridge continues to make affordable housing a reality for Morris County residents. This time, thanks to \$164,114 in funding from the Mount Olive Municipal Housing Trust Fund, the current NewBridge affordable housing initiative in Mount Olive will expand from four to seven units.

“NewBridge has a long track record of working in partnership with local municipalities to meet the needs of their residents,” said Melody Federico,

Director of Housing Development, NewBridge. “These new units not only give Mount Olive state-mandated Council on Affordable Housing (COAH) credits, more importantly, it makes affordable housing a reality for three more Morris County families.”

The new rental units serve parents with special needs and their children. To date, NewBridge has created



25 units and has another 36 in development. NewBridge continues to work with

local municipalities and relies on partnerships to deliver on its mission of creating 100 new affordable housing units by 2010.

## Housing

# New Program to Address Growing Community Need

## Morris County, NewBridge assists those with mental illness, substance abuse

NewBridge continues to expand its program and service offerings to meet the ever-changing needs of the community. Thanks to support of the Morris County Department of Human Services and the Morris County Chosen Freeholders, NewBridge was granted \$39,000 to fund a new enhanced outpatient service.

“The county and NewBridge have recognized for a long time that these services are needed,” said Jenn Carpinteri, Addictions Services Administrator, Morris County Department of Human Services. “We are pleased that the county can support this initiative and are confident in NewBridge’s ability to offer a program that will meet the increasing needs of county residents.”

The new program, which provides wraparound case management services, is designed to further help someone dealing with substance abuse and mental illness successfully manage their life. It goes beyond traditional counseling to include services such as assessments, counseling, transportation assistance and help in securing government assistance.

## Addictions

NewBridge is a nonprofit 501(c)(3) organization.



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**In 2008 NewBridge helped over 15,000 people move forward!**

- 152 people benefited from NewBridge housing programs that provide them with stability & pride.
- 578 seniors were linked to services that helped them remain living independently in their homes.
- 3,352 adults, children and families received counseling services to bring balance to their lives.
- 1,709 parents and educators learned strategies to help children feel empowered & make healthy decisions.
- 9,627 children attended interactive educational workshops on self-esteem, resiliency & life skills facilitated through NewBridge prevention & education programs.