



**NewBridge Services provides PERSONALIZED, COMPASSIONATE CARE for people with substance use disorders and mental health issues. Clients receive:**

- Outpatient treatment
- Individual, group, or family counseling
- Education
- Psychiatric support
- Case management
- Treatment that is evidence-based

**NewBridge Helps People Alter Harmful Behaviors and Prevent Relapse.**

“*NewBridge has helped me become more confident, to rely on myself and not drugs and alcohol to get through daily life situations.*”

— NewBridge client David Lucci

## Did You Know?

- **1 in 3 people** with a substance use disorder also struggles with gambling.
- **More than 100,000** Americans died of drug overdose in 2021 — the most ever in a year.
- **1 in 20 adults** in the U.S. will struggle with gambling in their lifetime.
- The World Health Organization recognizes **video game addiction** as an illness.

## NewBridge Services Community Mental Health & Addiction Recovery Center

### Hours:

9 a.m. - 5 p.m.  
Monday through Friday  
Evening hours available.

### Locations in:

Parsippany  
Haskell  
Sparta\*

*\*Sparta is telehealth only*

**Call today to get on the  
road to recovery.**

**(973) 316-9333**

**services@newbridge.org**

*NewBridge Services is a 501(c)(3) nonprofit. We receive generous support for programs from the boards of commissioners in Morris, Passaic and Sussex counties.*

## NewBridge Services Addiction Recovery



*Are you struggling  
with substance  
use disorder?*

*Are your gambling  
or gaming activities  
out of control?*



***Recovery is  
possible.***

*NewBridge can help  
you achieve it!*



# LIFE IS INTENSE.

At times, it can be hard to handle it all.



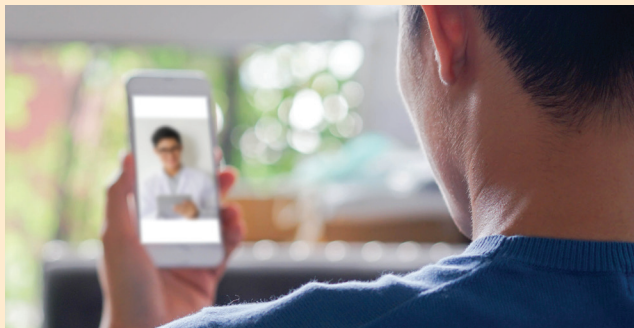
NewBridge Services has been providing effective substance use disorder treatment and mental health services for individuals and their loved ones since 1963. Our staff of experienced and compassionate clinicians help people of all ages and backgrounds. We now have counselors specially trained in gambling addiction treatment.



## NEWBRIDGE OFFERS:

- A community-based philosophy
- Individualized treatment plans
- Licensed, certified staff
- Individual, family, and group counseling
- Onsite psychiatry (certain locations)
- Telehealth options

Most insurances accepted, including Medicare and Medicaid.



Now that you've made the decision to get help, contact NewBridge at **(973) 316-9333** or email us at **[services@newbridge.org](mailto:services@newbridge.org)**.

## WHAT TO EXPECT:

You will be asked to provide basic demographic and insurance information, and which services you are requesting. Once it's determined there is a fit between your needs and our services, you will be connected to a clinician for an initial assessment and evaluation. Your clinician will explain the results and recommendations, and work with you to develop your individualized treatment plan.



**NewBridge brings balance to people's lives through counseling, housing and education.**