

HOW WE SERVE

Through counseling, housing and education, NewBridge Services tackles some of society's toughest issues: mental illness, addiction, isolation, and homelessness, among them. Started in 1963, NewBridge serves thousands of children, adults and seniors throughout Morris, Passaic and Sussex counties each year. NewBridge:

- Counsels individuals and families so they can deal with stress, grief and challenging relationships
- Treats mental illnesses and addictions
- Helps children who have been abused and neglected — and their families — heal
- Runs a successful alternative education and career program for young adults
- Supports seniors so they can live as independently as possible
- Runs school and community-based programs that teach children resiliency
- Performs psychological first aid when crises strike in a community
- Provides affordable homes for people with special needs
- Assists people with mental illness so they can live in the community
- Operates group homes for adults with mental illness who need close supervision
- Provides in-home mental health counseling to homebound seniors and caregivers

Our licensed and certified professionals include:

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|-------------------------------|------------------------------|
| Adolescent specialists | Crisis counselors |
| Addictions specialists | Marriage / family therapists |
| Advanced practice nurses | Play therapists |
| Counselors | Psychiatrists |
| Domestic violence specialists | Social workers |

NewBridge's counseling and addiction treatment services are licensed by the New Jersey Department of Health and the Division of Mental Health and Addictions Services.



NEED HELP? CONTACT US

Morris County: (973) 316-9333

Passaic County: (973) 915-4301

Sussex County: (973) 726-0697

Administrative Office: (973) 839-2520

620 Newark Pompton Turnpike
Pompton Plains, NJ 07444

newbridge.org

Office Locations:

Parsippany
Pompton Plains
Haskell
Sparta

NewBridge Services is a 501(c)(3) nonprofit. We receive generous support for programs from the boards of commissioners in Morris, Passaic and Sussex counties.

NewBridge Services



OUR MISSION:

NewBridge brings balance to people's lives through counseling, housing and education.



OUR VISION:

NewBridge will be valued by the community as the preferred trusted partner in strengthening individual and family lives.



COUNSELING



Adult and Family Services

NewBridge Services helps individuals and families effectively manage stress, conflict, mental illness and substance use, and cope with trauma and loss. People learn improved communication, coping skills, and productive problem solving. Medication monitoring is available, along with psychiatric support.

Child and Family Services

Specialized therapists trained in child development help abused and neglected children and adolescents overcome trauma and manage their feelings and actions. Adults receive counseling and parental training. Treatment addresses addiction, mental illness, and other problems. Referrals are made through the New Jersey Department of Children and Families.

Addiction Treatment

NewBridge Services provides outpatient addiction treatment for adults and adolescents, with clients attending one-on-one and/or group sessions two to three hours a week. NewBridge uses evidence-based practices to help clients alter harmful behaviors, work toward recovery and prevent relapse. Medication and support groups may be part of treatment. Individuals can continue working and living at home.

Adult Psychiatric Day Treatment

Adults with serious and persistent mental illness receive mental health education, medication management and psychiatric support, prevocational services, social supports, individual counseling, and creative group therapy. The program allows clients to live at home while receiving intensive daily therapy. As participants improve, they attend less frequently.

NewBridge@Home

NewBridge@Home provides free in-home weekly mental health counseling to homebound seniors and to the caregivers of older adults in Morris County. The program is funded by the Morris County Department of Aging, Disabilities and Community Programming.

HOUSING



Group Homes

NewBridge Services operates five fully supervised group homes serving more than 50 adults with serious and persistent mental illness.

Community Support Services

NewBridge Services provides support to adults diagnosed with serious and persistent mental illness who reside in their own homes, so they can stay healthy and live safely in the community.

NewBridge SAIL

NewBridge Senior Assistance for Independent Living (SAIL) connects Morris County residents age 60 and up with community services, and helps them obtain government entitlements they qualify for so they can safely remain in their homes. The free program includes health evaluations by a registered nurse and case management services.

Affordable Housing

NewBridge Services has created 83 units of affordable housing that serve more than 100 people with special needs. NewBridge partners with municipalities and other nonprofits.

“*I don't feel alone anymore because I have NewBridge. I have hope!*”

– Alice L.

EDUCATION



NewBridge Jobs Plus

NewBridge Services' alternative education program gives teenagers and young adults the tools and support to earn their New Jersey high school diplomas and prepare for jobs, trade schools and college. NewBridge Jobs Plus is the longest-running program of its kind in Morris County. About 85% of participants go on to college, a technical school, or a job. The program is free and transportation is provided to Morris County residents.

Summer Youth Employment Program

Morris County teenagers ages 14 to 18 learn employment and life skills through NewBridge Services' free summer youth employment program. Participants learn interviewing and job search skills, resume writing, financial literacy and stress management. The program includes job site visits and supervised volunteer experiences.

COMMUNITY RESPONSE AND EDUCATION Resiliency-Building Programs for Schoolchildren

NewBridge Services offers a full spectrum of resiliency-building programs for students. The evidence-based programs can be tailored to schools' individual needs.

Tame the Pain

Tame the Pain helps older adults understand the risks of prescription opioids and teaches them about alternative pain management options through informational and experiential seminars and webinars. Tame the Pain is free to Morris County residents age 60 and up.

Mental Health First Aid

NewBridge Services trains adults in Mental Health First Aid and Youth Mental Health First Aid, teaching them how to recognize symptoms of mental illness in adults and youth, and how to respond when someone is in crisis.

Crisis Response

NewBridge Services' state-certified disaster response crisis counselors help children and adults cope in the immediate aftermath of a tragedy or natural disaster, and connect them with ongoing support.